



NDMA 1ST GRADE CURRICULUM Last reviewed in October, 2013

The six Transdisciplinary Themes explored throughout the First Grade year include:

WHO WE ARE WHERE WE ARE IN PLACE AND TIME HOW WE EXPRESS OURSELVES HOW THE WORLD WORKS HOW WE ORGANIZE OURSELVES SHARING THE PLANET

*See the Programme of Inquiry (POI) for unit specifics.

Disciplines and IB Strands Include:

Math Strands

- Data Handling
- Measurement
- Shape and Space
- Pattern and Function
- Number

Science Strands

- Living Things
- Earth and Space
- Materials and Matter
- Forces and Energy

Social Studies Strands

- Human Systems and Economic Activities
- Social Organization and Culture
- Continuity and Change Through Time
- Human and Natural Environments
- Resources and Environments

Language Strands

- Oral Language
 - o Listening
 - o Speaking
- Visual Language
 - Viewing
 - Presenting
- Written Language
 - Reading
 - o Writing

Religion





Math

Math Strands

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- Data Handling
- Measurement
 - Shape and Space

- Pattern and Function
- Number

Shape and S	
IB Strands	Objectives
Data Handling	Represent data with tally marks Represent data with tally marks
	Read/make pictographs to compare information
	Read/make bar graphs to compare information
	• Use and compare information from tally charts, bar graphs and pictographs to solve
	problems
	Complete a graphing project with tallies, pictograph and bar graph
Measurement	Compare and order length and height of objects
	Estimate length using non-standard units
	Use a ruler to measure items in inches/centimeters
	Compare and order weights of objects using non-standard units and direct
	comparison
	Compare objects to kilograms
	• Tell time to the half-hour and hour using an analog and digital clock (verbally and
	written form)
	Find elapsed time
	Read/use a calendar to find dates
	Read days of the week and months of the year
	Place days of the week and months of the year in correct order
Shape and	Classify, sort and compare objects by color, size, shape
Space	Identify, describe and compare the four plane shapes
Space	Identify, describe and compare the six solid shapes
	Give and follow directions about position and location of objects in space
	Arrange & describe the location of objects in space by position, proximity & direction
	Give and follow directions to find locations on a grid
	Identify slides, flips, and turns of figures
	Identify and create patterns
Number	Understand and explain more, fewer, same, before, after and between
	Recognize and count sets of 0 to 20 objects; read and write numbers 0 to 20
	Compare terms using the terms greater and lesser
	Model the concept of addition
	Identify coins: pennies, nickels, dimes and quarters
	Understand the value of coins: pennies, nickels, dimes and quarters
	Find the value of a group of coins
	Find different ways to show the same amount of money
	Identify lines of symmetry and make symmetrical figures
	Identify and count equal parts
	Identify halves, thirds, fourths and a whole
	Write the following fractions: halves, thirds, fourths and a whole
	Predict and determine the probability of an event
	Read and write numbers from 1 to 110
	Regroup objects into tens and ones and write the number
	Identify the place value of numbers through 99
	Show two digit numbers in different ways
	Put ordinal numbers in order from first through tenth
	Read ordinal numbers from first through tenth at random
	Match ordinal number with the ordinal number word for first through tenth
	Order numbers through 100 using before, between and after
	Compare two numbers using greater than, less than and equal to





IB Strands	Objectives
Pattern and	Complete addition sentences with sums up to 10
	Write addition sentences in vertical format
Function	Model the concept of subtraction with manipulatives/symbols
	Complete subtraction sentences both vertically and horizontally
	Use models to act out subtraction story problems
	• Recognize and complete addition and subtraction concepts and strategies through 20





Science

Science Strands

- Living Things
- Earth and Space
- Materials and Matter
- Forces and Energy

Forces and Units of Study &	Objectives
IB Strands	
Inquiry Process	 Make purposeful observations of the natural world using the appropriate senses Generate questions based on observations
	 Plan and conduct simple investigations
	 Manipulate simple tools (ex: hand lens, pencils, rulers, thermometers, rain gauges,
	balances, non-standard objects for measurement) that aid observation and data collection
	 Make accurate measurements with appropriate (non-standard) units for the measurement tool
	 Construct simple charts from data and observations
Inquiry Analysis	Share ideas about science through purposeful conversation
and	Communicate and present findings of observations
Communication	• Develop strategies for information gathering (ex. ask an expert, use a book, make
	observations, conduct simple investigations, watch a video)
Reflection and	Demonstrate scientific concepts through various illustrations, performances, models,
Social	exhibits and activities.
Implications	 Recognize that science investigations are done more than one time
Magnets	 Classify objects that are attracted by magnets and objects that are not attracted by magnets
IB Strand: Forces	Infer that magnetic force can pass through certain materials; infer that magnets can
and Energy	make objects move without touching them
	 Compare the strengths of various magnets and various parts of a magnet
	 Recognize that a magnet has two poles (north-seeking and south-seeking)
	Observe that like poles of magnets repel each other and that unlike poles of magnets
	attract each other
	 Describe the shapes of various magnetic fields
	 Demonstrate and describe how to make temporary magnets
	• Explain that a compass helps people find out which way is north; compare the poles of a
	magnet to the needle of a compass
Kinds of Living	Identify a variety of plants and animals in the schoolyard environment
Things	Differentiate between plants and animals
_	Compare a variety of animals that live on earth
IB Strand: Living	Identify similarities among plants
Things	Observe and discuss the similarities and differences among several plants
	 Sort plants according to one characteristic
	 Identify similarities among animals
	 Observe and identify the various kinds of body coverings of animals
	 Group animals according to their body coverings
	 Identify different kinds of animal homes
	 Infer the value of each kind of animal home for its animal user
	 Compare two kinds of teeth: those for biting and those for chewing
	Compare different animals and observe that different mouth parts help them eat
	different kinds of food
	Classify animals according to one characteristic
	Construct a system to classify various animals
	Observe and discuss the life cycle of a plant
	Observe and discuss the life cycle of animals





Units of Study &	Objectives
IB Strands	
Keeping Fit and	 Categorize foods according to the food groups in which they belong
Healthy	 Describe the importance of eating three balanced meals each day
	 Select foods that make up a balanced meal
IB Strand:	 Analyze snack foods to determine their fat content
Materials and	 Identify foods that make nutritious snacks
Matter and Living	 Analyze which muscles are being used while performing various exercises
Things	Conclude that exercise works the muscles
	 Describe habits of rest and sleep that help people stay healthy
	 Compare the amounts of rest and sleep that different people get
	 Demonstrate the importance of hand-washing
	 Identify everyday good health and hygiene habits
	 Identify activities that promote good oral hygiene
	 Understand the importance of caring for our teeth
	 Infer the importance of brushing and flossing teeth daily
	 Understand that germs exist almost everywhere
	 Demonstrate how germs from a sneeze or on your hands can be spread
	 Observe how water droplets travel in a simulated sneeze
	 Conclude that covering your mouth and nose will help prevent germs from spreading
	Illustrate and describe healthy activities





Social Studies

Social Studies Strands

- Human Systems and Economic Activities
- Social Organization and Culture
- Continuity and Change Through Time

- Human and Natural Environments
- Resources and Environments

Units of Study	Objectives	Unit Taught
Families	 Identify ways families spend time together 	 WWAIPAT
	 Describe various customs of families and explain their importance 	 HWEO
	Identify ways and describe similarities and differences in the ways that families meet	
	basic human needs	
	 Identify some of the special days that families celebrate and explain their 	
	importance	
	 Recognize that families celebrate special times in different ways 	
	 Identify and describe the human characteristics of places 	
	 Explain the meaning of addresses 	
	 Use an address to find a location 	
	Use a problem-solving process to identify a problem, consider options, choose and	
	implement a solution	
Where We Live	Recognize that people live, work and play in communities	• HWOO
	Explore different types of communities	• STP
	 Use pictures and maps to locate places of significance 	 HWEO
	 Identify the location of places using maps 	
	Locate on maps some places of significance	
	Sequence and categorize information	
	Locate and identify places of significance on maps	
	Identify and describe the physical characteristics of continents and oceans	
	Identify the physical characteristics of landforms and bodies of water	
	Describe local bodies of water and landforms	
Good Citizens	Identify different kinds of groups	• HTWW
	Recognize cardinal directions: north, south, east and west	• HWOO
	Locate places using the four cardinal directions	
	• Explain the need for rules and laws in the home, school and community	
	Give examples of rules or laws that establish order, provide security or manage	
	conflict	
	 Identify leadership roles in community, state and country 	
	Describe the responsibilities and characteristics of a good leader	
	 Identify qualities of good citizenship as illustrated by historic figures 	
All Kinds of Jobs	Distinguish between needs and wants and recognize examples of each	• HWOO
	Recognize that people may have wants but limited resources with which to satisfy	
	them	
	Identify a variety of jobs that people perform	
	• Describe the responsibilities and characteristics of good workers in a variety of jobs	
	Demonstrate understanding and skills through material such as artwork	
	 Identify various goods that are made or grown 	
	 Identify and describe a variety of service jobs 	
	 Identify ways people exchange goods and services 	
	 Identify the role of market and trading in the exchange of goods and services 	
Americans Long Ago	Identify Native Americans as the first people to live in America	WWAIPAT
	 Recognize how some Native Americans celebrate their past 	
	Read and create a time line	
	Describe how Christopher Columbus came to North America	
	 Identify some of the different people who settled in America 	
	 Identify the contributions of historical figures who have influenced a nation and have 	
	exemplified good leadership	
	 Use biographies to identify contributions of historical figures 	
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Language Arts (Reading)

	Language / it is (iterating)
Units of Study	Objectives
Animals,	• <u>Amazing Words:</u> needs, responsibility, shelter, cuddle, tickle, faithful, fetch, heel, career,
Tame and Wild	service, tool, sloppy, scrub, exercise, comfort, search, past, present, produce, transportation, danger, serve, snuggle, enormous, powerful, observe, wild, parent, canopy, screech, million, reserve, native, habitat, hatch, survive, chirp, croak, moist, world, forest, desert, chatter, silent, snort, medicine, poisonous,
	 <u>Phonemic Awareness:</u> distinguish phonemes, blend and segment phonemes, count, distinguish /i/, onset and rime
	 <u>Phonics:</u> short a, short I, short o, inflected ending –s, inflected ending –ing, short e, , short u, - ck, x, /ks/, plural –s, consonant s/z/, initial consonant blends, final consonant blends <u>Comprehension Target Skills:</u> Character, Setting, Plot, Main Idea and Details, Cause and Effect <u>Comprehension Strategy:</u> Monitor, clarify, summarize, visualize, important ideas, story
	 structure, text structure <u>High Frequency Words:</u> my, come, way, on, in, she, take, what, up, blue, little, from, use, get, help
	 <u>Fluency:</u> accuracy, appropriate rate, appropriate phrasing
	• <u>Speaking/Listening:</u> asking questions, sharing information about caring, giving introductions, sharing information about ideas, giving descriptions, giving directions
	<u>Research Skills</u> : selecting books, picture dictionary, reading a chart, lists
Communities	• <u>Amazing Words</u> : chore, household, cooperation, rule, commute, subway, downtown, display, group, respect, share, aquarium, borrow, lines, rehearsal, soothe, citizen, leader, community, law, headquarters, branch, patrol, earn, enemy, extinct, protect, crater, holler, swamp,
	boisterous, bluff, environment, require, thrive, inhale, slimy, sludge, capture, creature
	 <u>Phonemic Awareness</u>: blend and segment phonemes and words, distinguish long and short
	vowel sounds
	• <u>Phonics</u> : consonant digraphs sh, th, vowel sounds in ball, long a: a_e, long i: i_e, consonant digraphs wh, ch, tch, ph, consonants c/s/, g/j/, long o:o_e, contractions, long u: u_e, inflected ending –ed, long e: e, ee, syllables VC/CV
	 <u>Comprehension Target Skills</u>: sequence, cause and effect, author's purpose, compare and contrast
	 <u>Comprehension Strategy</u>: predict and set purpose, monitor and clarify, important ideas, inferring, background knowledge, questioning
	 <u>High Frequency Words</u>: said, want, good, catch, no, put, could, be, old, paper, of, horse, people, live, work, who, out, there, down, inside, now, together, grow, food, around, find, water, under, family, other, also, their, some, new
	 <u>Fluency</u>: accuracy and appropriate rate, appropriate phrasing <u>Speaking/Listening</u>: relate an experience in sequence, share information about citizenship,
	 give announcements, informal conversations, share ideas <u>Research Skills</u>: parts of a book, interview, maps, periodical and newsletter, alphabetical, picture dictionary.
Changes	 picture dictionary <u>Amazing Words</u>: growth, population, public, teeter, shuffle, crooked, makeshift, spindly, attempt, event, time line, famous, flatter, correct, awkward, common, mature, natural, features, tumble, swoop, crumple, nudges, nibble, wriggle, gardener, sprout, nature, dim, shade, sprinkling, destroy, humongous, insect, develop, cycle, rearrange, flurries, emerge, fragile, vessel, hibernate, migrate, temperature, autumn, freeze, bitterly, weary <u>Phonemic Awareness</u>: segment blend phonemes, add initial phonemes, add initial and final phonemes <u>Phonics</u>: vowel sounds of y, syllable pattern CV, consonant patterns ng, nk, compound words, ending –es, plural –es, vowels: r- controlled or, ore, inflected endings, vowel: r- Controlled ar, vowels: r- Controlled er, ir, ur, contractions 's, 've, 're, comparative endings, consonant
	 pattern –dge <u>Comprehension Target Skills</u>: sequence, compare and contrast, fact and opinion, author's purpose, draw conclusions





Units of Study	Objectives
Changes	<u>Comprehension Strategy</u> : summarize, inferring, monitor and clarify, visualize, text structure,
continued	background knowledge
continueu	 High Frequency Words: things, always, day, become, nothing, stays, everything, ever, sure,
	were, enough, every, any, own, very, car, away, our, house, school, friends, few, afraid, read,
	soon, how, again, know, push, done, wait, visit, does, good-bye, before, won't, oh, right
	<u>Fluency</u> : accuracy and rate, appropriate phrasing, expression and intonation
	 <u>Speaking/Listening</u>: relate an experience in sequence, respect, give descriptions, share
	information and ideas, give announcement
	<u>Research Skills</u> : interview, glossary, classifying and categorizing, diagram, technology: My
	Computer, Picture Graph
Treasures	• <u>Amazing Words</u> : celebrate, cherish, grateful, delicate, rarest, loot, genuine, original,
	imagination, delightful, carve, tangle, sighed, royal, peer, nation, symbol, tourist, abandon,
	splinter, sunken, harbor, statue, impression, familiar, favorite, memory, errand, stampede,
	jealous, relatives, sibling, secret, porridge, collector, seriousness, flourish, discover, dwell,
	resident, welcome, admire, sadness, tremendous, substantial
	 <u>Phonemic Awareness</u>: segment and blend, change phonemes
	Phonics: vowel digraphs ai, ay, singular and plural possessives, vowel digraph ea, adding
	endings, vowel digraph oa, ow, three-letter consonant blends, vowel digraph ie, igh,
	consonant patterns kn, wr, compound words, vowel digraph, ue, ew, ui, suffixes –ly, -ful,
	vowel sound in moon
	• Comprehension Target Skills: draw conclusions, theme, facts and details, cause and effect
	• Comprehension Strategy: monitor and clarify, visualize, important ideas, questioning, story
	structure, predict and set purpose
	• High Frequency Words: give, surprise, would, enjoy, worry, about, draw, colors, over, drew,
	great, sign, show, once, found, wild, took, mouth, eight, moon, above, touch, laugh, stood,
	room, thought, picture, remember, told, only, across, because, dance, opened, shoes
	 <u>Fluency</u>: expression and intonation, accuracy and rate, appropriate phrasing
	 Speaking/Listening: give descriptions, share information about ideas, poetry presentation,
	purposes of media,
	<u>Research Skills</u> : interview, tables/ chart, bar graph, glossary, e-mail, alphabetical order
Great Ideas	 <u>Amazing Words</u>: clever, intend, predicament, grumpy, exhausted, furious, batter, griddle,
	freedom, miserable, selfish, shrug, ignore, fond, proper, scarcely, explanation, riddle, wonder,
	confused, encouragingly, case, suspects, gadget, equipment, convenient, engine, pilot, steer,
	cellar, furnace, determined, inventor, technology, stable, stalled, biplane, sketch, speech,
	accomplish, doubt, original, (un)manned, glider, soar, exclaim
	<u>Phonemic Awareness</u> : segment and blend, remove phonemes, add phonemes, change
	phonemes
	 <u>Phonics</u>: diphthongs ow, ou, final syllable –le, vowel patterns ow, ou, syllables V/CV, VC/V,
	vowel sound in foot: oo, inflected endings, diphthongs oi, oy, suffixes, -er, -or, vowel sound in
	ball: aw, au, syllable patterns, prefixes un-, re-, long o: o; Long i: i
	 <u>Comprehension Target Skills</u>: character, setting, plot, draw conclusions, compare and contrast,
	main idea and details, sequence, theme
	<u>Comprehension Strategy</u> : monitor and clarify, background knowledge, summarize, text
	structure, inferring
	• <u>High Frequency Words</u> : along, behind, toward, eyes, never, pulling, loved, wood, should, door,
	among, instead, another, none, goes, today, kinds, heavy, against, early, learn, science, built,
	through, carry, answered, poor, different
	• <u>Fluency</u> : accuracy, rate, and expression, appropriate phrasing, intonation
	Speaking/Listening: techniques in media, share information and ideas, respond to media
	• <u>Research Skills</u> : reference sources/ take notes, dictionary, text features, picture graph, reading
	a web page, encyclopedia





Units of	Objectives
Study	
Reader's	Getting Started: August to October
Workshop-	Building a community of learners
Strategy	Modeling reading behavior
Plans	Manners for successful dialogue
	Decoding strategies with shared reading experiences
	Expectations for "Reading Workshop (procedures)
	Schema for types of books
	Choosing "just right" books
	Schema/ Making Connections: October to November
	Text-self
	Meaningful Connections vs. "coincidences"
	Text-text
	Text- world
	Expanding schema through topic study
	Mental Images/ Visualizing: November - December
	 "turning the TV on"
	Using poetry short texts
	Artistic response
	Dramatic response
	Split images
	Inference: January -February
	 Making sense of unfamiliar words
	Making predictions
	Unique interpretations of text
	Questioning: February - March
	 Asking questions before, during and after reading
	Finding Answers
	 In the text
	 Infer from schema
	 Outside source
	 Reader's interpretations
	Determining Importance/ Non-Fiction: March to April
	Conventions of non-fiction text
	research
	Synthesizing: April to May
	Overall Meaning (theme)
	Evolution of thinking
	• Retelling
	• Getting the essence of the story (literal \rightarrow inferential)
	 Share, recommend and criticize literature





Language Arts (Writing)

	Language Aits (Writing)
Units of Study	Objectives
The Sentence	 Identify sentences from fragments
	 Recognize that every sentence has a naming part
	 Recognize that sentences have an action part
	 Identify the naming parts and action parts in sentences
	 Recognize that a telling sentence is a group of words that tells something
	Recognize that telling sentences begin with a capital letter and end with a period
	Capitalize and punctuate telling sentences correctly
	 Recognize that a question is a group of words that asks something
	Identify telling sentences and questions; distinguish the two
	• Recognize that questions begin with a capital letter and end with a question mark
	Capitalize and punctuate questions correctly
	 Correctly punctuate telling sentences and questions
	 Recognize and use question words in sentences
	Demonstrate how to ask a questions orally
Writing a	Discuss the steps of the writing process
Story/Personal	 List topics for a story and select a topic to write about
Narrative	Discuss story topic
Warrative	List details for the story
	Make a word web
	 Discuss the drafting and revising steps
	 Discuss the proofreading step and practice proofreading
	 Proofread work
	 Discuss ideas for publishing and sharing
	Choose a way to share a story
	Add a title
	Listen to three-step oral directions Follow there are and directions
	Follow three-step oral directions
Nouns and	Recognize and write nouns that name people and animals
Pronouns	 Recognize and write nouns that name things and places
FIONOUNS	 Recognize and write proper nouns that name people
	 Recognize and write proper nouns that name animals and places
	 Recognize plural nouns ending in 's'
	Distinguish between singular and plural nouns
	Use 'l' correctly when talking about self and another person
	Write 'I' with a capital letter
	Recognize he, she, it and they as words that take the place of nouns in sentences
	 Write he, she, it and they to replace nouns in sentences
Verbs	Recognize and write action verbs in sentences
Verbs	 Recognize that 's' at the end of a verb means that the subject is singular
	 Complete sentences using verbs that agree with the subjects
	Complete sentences using verbs that agree with pronoun subjects
	Recognize past tense verbs with 'ed' Write a work with 'ed'
	Write a verb with 'ed' in a sentence Distinguish between the use of "is" and "ere" with singular and plural subjects
	 Distinguish between the use of "is" and "are" with singular and plural subjects
	• Write "is" and "are" in sentences
	• Distinguish between the use of "was" and "were" with singular and plural subjects
	Write "was" and "were" in sentences
	 Recognize and write contractions with "not" in sentences





Units of Study	Objectives
Adjectives	Recognize adjectives that describe how things look
	Identify adjectives in sentences
	Write an adjective in a sentence to describe how things look
	 Recognize adjectives that describe taste and smell
	Write adjectives that describe taste and smell to finish sentences
	 Recognize adjectives that describe how things sound and feel
	 Write adjectives to finish sentences that describe sound and texture
	 Recognize that adjectives with 'er' compare two nouns and that adjectives with 'est'
	compare more than two
	Identify 'er' and 'est' adjectives in sentences
	 Finish sentences using adjectives with 'er' and 'est'
More	Recognize a sentence that is an exclamation
Capitalization	 Recognize the exclamation point as the end punctuation of a sentence that is an
and Punctuation	exclamation
	Write an exclamation
	Recognize that titles for people begin with capital letters
	 Recognize correct punctuation of titles
	 Use capital letters and punctuation in proper nouns and titles
	 Write a sentence, using capital letters and punctuation in proper nouns and titles
	 Recognize capital letters at the beginning of the first word and other important words
	in book titles
	Recognize that a book title is underlined
	 Write the title of a favorite book, using capital letters correctly
	 Recognize capital letters at the beginning of the names for the days of the week,
	months of the year and holidays
	 Use capital letters to write the names for the days of the week, months of the year and
	holidays
	 Recognize that a comma is used between the number of the day and the year in a date
	 Use a comma correctly in a date
	 Recognize that a comma is used between the city and state in an address
	 Use a comma correctly in addresses
	 Write a place name using a comma correctly in the city and state address
Handwriting	Use good sitting position
папаwriting	
	Position paper and hold pencil correctly Write vertical herizontal haskward sirele forward sirele and slant lines
	Write vertical, horizontal, backward circle, forward circle and slant lines Write numbers 1 to 10
	 Write numbers 1 to 10 Write the 26 letters of the alphabet in both upper and lower case
	 Write the 20 letters of the alphabet in both upper and lower case Write a question mark and exclamation point
Spelling	 Write a question mark and exclamation point Write and verbally spell the assigned grade-level words in the following categories:
Spennig	
	 Long vowel sounds st clusters
	• th and wh
	o W's
	o ch and ph
	• tch and ov
	• Adding s/es
	• Adding ed/ing
	• Color words, School words, Direction words, Amounts, Common words (part 1
	and 2), Number words 0 to 20, Ordinal numbers 1 to 12
	• Days of the week, Months of the year
	 Holiday words: Halloween, Christmas





Religion

11	Charters and Objectives
Unit	Chapters and Objectives
Our Church	• Ch. 1 – Understand that Jesus' Church is like a family. When we make the sign of the
Community	cross, we show that we belong to God's Family.
	• Ch. 2 – Understand that the parish church is where Catholics gather as a community
	to pray, and especially to celebrate Mass.
	• Ch. 3 – Understand that we believe the Bible is God's word. God speaks to us when
	we listen to the scripture readings at Mass.
	 Ch. 4 – Understand that God is wonderful and good. All creation owes God praise.
	We praise God with our parish community at Mass.
Our Loving God	 Ch. 5 – Understand that God, our loving Father, created us out of love and created
	all the wonderful things in our world.
	 Ch. 6 – Understand that God gives us the gift of Baptism so that we can belong to
	Jesus' Church and conform our lives to the Gospel.
	• Ch. 7 – Understand that God made us to know, love and serve him and to be happy
	with him in Heaven. We find happiness by being holy.
	Ch. 8 – Understand that all good gifts in life come from God. God is a loving Father
	who always gives us what we need to be truly happy.
God's Son Jesus	• Ch. 9 – Understand God loved us so much that he gave us the best gift possible, his
	own Son, Jesus.
	Ch: 10 Understand that Jesus is present throughout the Eucharistic liturgy, especially
	in the bread and wine.
	 Ch. 11 – Understand God's laws help us make loving choices. When we fail to be
	loving people, we need to ask God for forgiveness.
	 Ch. 12 – Understand meditating on the Gospels is a good way to pray. It can help us
	get closer to Jesus.
The Holy Spirit	 Ch. 13 – Understand that the Holy Spirit is always with the Church, helping its
	members love God and love others.
Feasts and Seasons	 Describe the season of Advent and the reason for Christmas to others.
	 Understand that Lent is a time to become more like Jesus.
	Understand that Holy Week is the holiest week in the Church year. Learn the
	significance of the three holy days before Easter Sunday.
	 Communicate information to others about saints, holy days and holy people.
Prayers	• Recite the following prayers: The Sign of the Cross, The Our Father, Hail Mary, Glory
	Be, and Meal Prayer.